# Indiana School for the Blind and Visually Impaired

May 15, 2023 – May 19, 2023 Elementary/MS/HS Menu

### Monday Breakfast

Breakfast Pizza Bagel or Assorted Cereal Bowl and Yogurt, Fresh Fruit, Juice, Milk

#### Monday Lunch

Chicken Bowl/Mashed Potatoes and Roll or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Broccoli, Assorted Fresh Veggies, Assorted Fresh and Canned Fruit, Milk

## **Monday Dinner**

Meatloaf, Mac and Cheese, Vegetable, Fresh Fruit, Baker's Choice, Milk

## **Tuesday Breakfast**

Donuts or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

### **Tuesday Lunch**

Walking Tacos or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Refried Beans/Cheese, Assorted Fresh Veggies, Assorted Fresh/Canned Fruits, Milk

#### **Tuesday Dinner**

Country Fried Steak/Gravy, Mashed Potatoes, Vegetable, Fresh Fruit, Baker's Choice, Milk

## Wednesday Breakfast

Emoji Waffles or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

### Wednesday Lunch

Country Breakfast or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Roasted Carrots, Garden Side Salad, Assorted Fresh Veggies, Assorted Fresh/Canned Fruit, Milk

### Wednesday Dinner

Spaghetti and Garlic Toast, Vegetable, Fresh Fruit, Baker's Choice, Milk

## Thursday Breakfast

Scrambled Egg/Cheese on English Muffin or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

## Thursday Lunch

Grilled BBQ Chicken Sandwich or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Mixed Vegetables, Potato Salad, Assorted Fresh Veggies, Assorted Fresh/Canned Fruit, Milk

#### Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

### Friday Breakfast

French Toast Sticks or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

### Friday Lunch

Turkey Club Sub Sandwich or Entrée Salad or Soy Butter/Jelly, French Fries, Green Beans, Garden Side Salad, Assorted Vegetables, Assorted Fresh/Canned Fruit, Friday Fun Treat, Milk

## Sunday (Dinner in Dorms)

Cook's Choice, Vegetable, Fruit, Cookie, Milk

\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.